



# PHONE CALLS

GROUP  
READING

PRAYER

PRAYER

Reactionary Boundaries

Second Looks, Scanning,  
Lusting

Intentional Boundaries

Filtering Software, No TV Alone,  
No Being Alone w/ Other Women  
No Grooming Behaviors

# BOTTOM LINES

Viewing Pornography

Masturbating

Lying to Your Spouse

Revisiting Past Relationships

POLYGRAPH